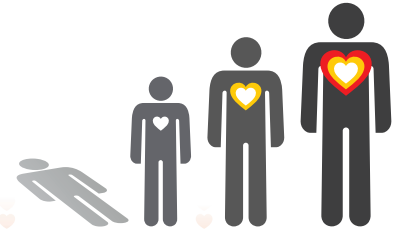


Each year, more than 350,000 out-of-hospital **cardiac arrests** occur, and more than **20% HAPPEN IN PUBLIC PLACES** such as Airports, Casinos, and Sporting Facilities.



About 90 percent of people who suffer out-of-hospital cardiac arrests die.

CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.



To save more lives from cardiac arrest, the American Heart Association operates Hands-Only CPR kiosks in high-traffic places, such as airports, museums, and other locations – helping to raise awareness about this lifesaving skill. Each Hands-Only CPR kiosk features a touchscreen with a video program that gives a brief “how-to” followed by a practice session and a 30-second CPR test. Through the use of a manikin, or rubber torso, the kiosk provides feedback about the depth and rate of compressions and proper hand placement – factors that influence the effectiveness of CPR.



## THE **1st** LIFESAVING KIOSK WAS INSTALLED IN 2013 AT THE DALLAS/FT. WORTH INTERNATIONAL AIRPORT (DFW)



In April 2014, 21-year old University of Dayton student, Matt Lickenbrock successfully learned Hands-Only CPR from the DFW kiosk while passing the time during a three-hour layover for his Spring Break trip. He saw the kiosk and decided to use his time to learn something new. He completed the program three times over 15 minutes and kept practicing until he earned a perfect score. That training prepared him to save a life. Just two days after learning Hands-Only CPR from the DFW kiosk, Matt performed CPR on a fellow student. Since 2013, more than 25,000 people have learned Hands-Only CPR at the DFW Airport, with almost 80 percent of them initiating the test session. Nearly half of those who started the test completed their CPR education session.

For more information, visit [Heart.org/HandsOnlyCPR](http://Heart.org/HandsOnlyCPR)