

Adult & Child CPR Anytime® Training Kit Product Information Sheet



CPR & Emergency Cardiovascular Care



The American Heart Association's **Adult & Child CPR Anytime Training Kit** contains everything needed to learn the lifesaving skills of CPR, how to use an AED, and how to relieve choking in about 30 minutes in the comfort of a student's own home, office, or other location. The new kit also covers first aid topics from choking to how to use an Epinephrine pen, and how to manage bleeding and place a tourniquet by Stop the Bleed®. In addition to personal and family use, kits can also be used to train small groups and community organizations.

NEW ADULT & CHILD CPR ANYTIME INTERACTIVE APP

CPR Anytime now includes the Adult & Child CPR Anytime Interactive app to provide a comprehensive, self-facilitated training solution in one web-based app that allows students to elevate their CPR and AED training experience through gamification. This includes calling 9-1-1, performing CPR, and using an AED for adults and children. The app also features a completion badge that students can share via social media to recognize their training achievement.

WHO SHOULD TAKE THE COURSE?

Adult & Child CPR Anytime can be used to train individuals, family, friends, small groups, community organizations, and anyone else who wants to learn the lifesaving skills of CPR, AED, and basic first aid. This kit is for people who do not need a course completion card for a job or other requirements. This kit is ideal for community groups, parents, grandparents, caregivers, babysitters, nannies, and others interested in learning how to save a life.

CONTENT & MATERIALS

- Emphasis on CPR with breaths
- Instruction on choking relief
- Bilingual (English and Spanish) instructions, materials, and streaming videos that help deliver training to more people
- Personal, inflatable Mini Anne® CPR manikin that clicks when you've pushed to the proper depth
- Bonus topics including bleeding control with Stop the Bleed
- CPR skills practice streaming videos that can be used to refresh skills and train others
- Skills reminder card to carry with you and review as needed
- Replacement lung for those interested in sharing the kit

TRAINING DELIVERY

Learn the skills to save a life in a community or other group setting led by a facilitator. Use your own personal manikin while you practice using the AHA's research-proven practice-while-watching method via streaming videos featuring modern animations. Or use the kit as self-directed training in the comfort of your own home. After you have completed the training, share the kit with family and friends to pass along lifesaving skills.